

KINDERGARTEN HOME SUPPORT GUIDE

PRE-READING

- Read to your child everyday.
- Ask questions about the stories: "What happened at the beginning, in the middle, and at the end of the story"?
- Remind your child to speak in complete sentences.
- Use neighborhood signs to point out letters and words.
- Let your child see you reading for pleasure and information (newspaper, cookbook).
- Encourage your child to play with letters.
- Play games with letters and words with your child.
- Play 'I Spy' for letters and words using the newspaper.

INSTRUCTIONAL READING LEVELS

- **Level A** - Match a picture to a word. Label objects in the home. Use flash cards with sight words to practice.
- **Level B** - Simple repeating pattern (This is a boy, this is a girl). Remind your child to touch under each word as they read.
- **Level C** - Simple stories with more words in a sentence. Remind your child to sound out words they do not know.
- **Level D** - Reading with meaning with longer sentences. Listen to your child read and talk about the stories. Discuss story details (character, events of story).
- **Level E** - Reads texts with easy-to-understand ideas with support from picture clues.
- **Level F** - Reads texts with familiar settings like home or school.
- **Level G** - Reads texts with amusing or interesting characters.
- **Level H** - Reads texts with less familiar settings like the rain forest.
- **Level I** - Reads many kinds of texts silently without pointing.
- **Level J** - Reads texts with multiple chapters that take place across periods of time.
- **Level K** - Reads independent texts silently but oral reading is fluent.
- **Level L** - Reads longer texts with universal themes like friendship.
- **Level M** - Reads texts with complex themes and understands ideas with fewer illustrations.
- **Level N** - Reads texts that may include problems and social issues.
- **Level O** - Reads texts with deeper meanings and challenging themes.
- **Level P** - Reads texts with new ideas and themes that may include cultural diversity.

MATH

- Practice reading and writing numbers to 50.
- Play games with coins (pennies, nickels, dimes, and quarters).
- Compare the size of objects in the house (smaller, larger, same).
- Take measurements with paper clips, rulers, and other items.

SCIENCE

- Practice using senses (sight, smell, taste, touch, and hearing) to find out about surroundings.
- Discuss the seasonal changes, such as warm weather in summer and cold weather in winter.

SOCIAL STUDIES

- Discuss with your child that all families have basic needs.
- Help your child develop a positive attitude about himself or herself. (Praise your child often).
- Help your child understand that people and places change over time.

STAGES OF WRITING

Scribbling Stage

- Provide a variety of writing materials (paper, markers, crayons) and allow your child to practice drawing and writing.
- Draw and write with your child.

Random Letter Stage

- Encourage and work with your child to make labels with pictures and words for items in the house.
- Work with your child and practice writing names of family members.
- Use Play Dough to form sight words (and, the, was). Ask your child's teacher for a list of sight words.

Phonetic Stage

- Write letters to your child and encourage your child to write back. Accept and praise all attempts.

Transitional Stage

- Provide a journal for daily writing at home.

HEALTH AND WELLNESS

- Have your child eat a healthy breakfast every morning.
- Have your child eat lots of fruits, vegetables, and healthy snacks; limit sweets and fats.
- Participate in physical activity and play; limit TV and video time.
- Talk about feelings and appropriate ways to express them.
- Discuss anger and ways to manage it.
- Talk about fire safety and create a family escape plan from your home.
- Discuss traffic safety, discuss stranger safety, and provide examples of situations that your child can solve.

ART AND MUSIC

- Sing and play a variety of songs representing different styles and cultures.
- Provide a variety of art materials to make drawings, paintings and sculptures.
- Review art and music vocabulary.

WORLD LANGUAGE

- Practice the vocabulary phrases learned with your child.
- Play guessing games with your child using the vocabulary learned.



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