

CHS- Athletic Department

Sports physicals must be done on or after June 1st for each upcoming school year. A new sports physical is required for each new school year. It is then valid for the entire year- the fall, winter, and spring athletic seasons.

Directions for completing the PIAA Comprehensive Pre-Participation Physical Evaluation:

- A. The 1st page is Section 1: Personal and Emergency Information. A parent fills in everything on this page.
- B. The 2nd page is Section 2: Certification of Parent/Guardian. Parent completes all information at the top of the form, signs name in the boxes next to each sport that the student is interested in playing and signs and dates letters B, C, D, and E.
- C. The 3rd page is Sections 3: Understanding of Risk of Concussion and Traumatic Brain Injury. Both student and parent must sign and date the bottom of the page.
- D. The 4th page is Section 4: Understanding of sudden cardiac arrest symptoms and warning signs. Both student & parent must sign and date the bottom of the page.
- E. The 5th page is Section 5: Health History. Complete the top of the form. Go through checklist and check each box yes or no. Any yes answers must be briefly explained on the lines provided. Both student and parent must sign and date the bottom of the page.
- F. The 6th page is Section 6: PIAA Physical Evaluation. Complete top form for name, age, grade, school, and sport(s). The doctor will fill out the rest of the form.
Very Important! - Section 6 must be stamped by the doctor's office. Physicals dated before June 1 are invalid, IT MUST BE DATED JUNE 1ST OR LATER!
- G. Sections 7, 8, & 9 do not need to be completed at this time. They may be needed at a later date.
- H. The last page is Parental Permission form EH-80. Parent must only fill out all information below the dotted line.
- I. Please return completed paperwork to the coach. You cannot play or practice until this paperwork is completed.
- J. Good attendance, behavior and grades are mandatory requirements for participation in all Central Athletic Programs. There is a new PIAA policy regarding absences / 20 absence rule, your coach will explain.

Helpful Hints:

- Make a copy
- Have your child hand it personally to his or her coach at the 1st day of practice.