

## PARENT HANDOUTS

- [After School/Camps/Mentoring](#)
- [Child Abuse](#)
- [Domestic/Community Violence/Trafficking](#)
- [Education Resources](#)
- [Food/ Nutrition/ Breastfeeding](#)
- [Immigration/Refugee Services](#)
- [Literacy](#)
- [Parenting Resources](#)
- [Pregnancy Resources and Infants](#)
- [Shelters](#)
- [Teen Resources](#)
- [Behavior/ Counseling/ Addiction](#)
- [Child Care/Respite Care](#)
- [Early Intervention/Development](#)
- [Employment/Job Training](#)
- [Housing/Utilities](#)
- [Legal Services](#)
- [Low Cost Health Care/Insurance](#)
- [Physical Health Resources](#)
- [Safety/Quit Smoking Resources](#)
- [Special Needs/Autism](#)

[Print This Page](#)

## COVID-19 Info

### [Philadelphia COVID-19 Helpline 1-800-722-7112 and info](#)

Helpline and info for questions related to COVID-19. Click here [www.phila.gov/2020-03-14-greater-philadelphia-coronavirus-helpline-opened-by-health/](http://www.phila.gov/2020-03-14-greater-philadelphia-coronavirus-helpline-opened-by-health/). Updates also here [www.phila.gov/programs/coronavirus-disease-2019-covid-19/](http://www.phila.gov/programs/coronavirus-disease-2019-covid-19/)

Download this amazing document that lists **Resources For families in Philly** including: FREE 24 hour a day video Lactation support app (Pacify); baby items (food, formula, diapers); WIC info; and things to do at home with your children as well as the COVID hotline. Click here for [English](#) and Spanish (coming soon)

### [Information for Employees Affected by COVID-19](#)

If you are employed in Pennsylvania and are unable to work because of Coronavirus disease ([COVID-19](#)), you may be eligible for Unemployment or Workers' Compensation benefits. Click here for info [www.uc.pa.gov/Pages/covid19.aspx](http://www.uc.pa.gov/Pages/covid19.aspx)

### [PA Department of Health COVID-19 Info](#)

Click here for statewide response and info [www.health.pa.gov/topics/disease/coronavirus/Pages/Coronavirus.aspx](http://www.health.pa.gov/topics/disease/coronavirus/Pages/Coronavirus.aspx)

### [Philly COVID-19 Handouts English/Spanish](#)

Handouts in [English](#) and [Spanish](#) for families.

### [Free Meals and Safe Play spaces in Philly](#)

Click here for locations and info [www.phila.gov/2020-03-14-find-free-meals-and-safe-spaces-for-students-while-schools-are-closed/](http://www.phila.gov/2020-03-14-find-free-meals-and-safe-spaces-for-students-while-schools-are-closed/)

### [PA Crisis Text Line](#)

For Mental health crisis at this time individuals can text **PA to 741-741 (crisis text line)**

### [PBS-How to talk to your kids about COVID](#)

Click here for resource [www.pbs.org/parents/thrive/how-to-talk-to-your-kids-about-coronavirus](http://www.pbs.org/parents/thrive/how-to-talk-to-your-kids-about-coronavirus)

### [KidsHealth info on COVID-19 \(info, talking to children, more\)](#)

Click here for great info to use <https://kidshealth.org/en/parents/coronavirus-landing-page.html?ref=search>