

CONWELL M.S. SUMMER LETTER 2019-2020

Dear Conwell Students, Parents and Guardians,

I would like to say congratulations on completing another school year! I hope all is well as we head into the summer season with the COVID-19 pandemic. Please make sure you stay as active as possible during this time, whether that is indoors or outdoors. To help you with some ideas to stay active, I will post one (1) workout per week via Google classroom. Please try your best to have a safe and happy summer. Feel free to contact me via the email below, I will be checking my inbox every Wednesday @10:00AM.

Sincerely,

Andre' Sanford-Adams
Heath & Physical Education Teacher
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