



THE SCHOOL DISTRICT OF PHILADELPHIA

Cook-Wissahickon Elementary

201 E. Salignac Street

Philadelphia, PA 19128

(215) 400-3430

September 2017

Dear Parent and/or Guardian:

I am excited to have the opportunity to teach your child. I look forward to providing him/her with a meaningful and rewarding physical education program. It is my goal that physical education proves to be an integral phase of their total educational experience here at Cook-Wissahickon Elementary School. I thought it would be beneficial to let you know policies in my class and what is planned for this school year.

Your student's grade will be based on participation, wearing sneakers, meeting the proficiency level for skills practiced at his or her grade level, and behaving appropriately for physical education class. If you have any questions regarding my grading policy, please feel free to speak with me.

All students are expected to wear sneakers to every gym class. When a student does not wear sneakers, he or she will not be allowed to participate in class. **Heelys, boots, sandals, crocs and dress shoes are not acceptable.** This policy is based on my desire to create a safe environment and only sneakers provide the appropriate protection and support for the activities the students are expected to perform. Girls that wear dresses or skirts should wear leggings or shorts underneath.

Every child is expected to participate to the best of their ability each day they attend class. However, there are days when illness or injury may inhibit your child's ability to participate. If so, please send a note with your child, with a brief description regarding the nature of the restriction. If your child has any ongoing health concerns or restrictions that I need to be aware of, please send a detailed note with instructions for class participation limitations. **If your child cannot fully participate for an extended period of time, a doctor's note is required.** Please have the doctor list what your child can do. A doctor's note will then be required for your child's return to Physical Education class.

Last year, we had a 32' Transverse Rock Climbing Wall installed in our gym for all our students to use. Students will have an opportunity to utilize the Rock Wall throughout the school year. We were recently informed that Cook-Wissahickon is a proud recipient of a \$500 grant from Action for Healthy Kids® (AFHK) for the 2017-18 school year that will allow us to purchase a FunHoop for the lower school playground. In addition, we were awarded a Fuel Up To Play 60 Grant in the amount of \$4,000. We will be purchasing a yogurt parfait bar and installing new basketball backboards out on our playground.

Our 3rd Graders will be participating in a co-taught Drumming Alive Unit and will showcase their talents in an evening performance in December. The 5th Graders will participate in Dancing Classrooms, a Ballroom Dance Program in the Spring.

In January, Cook-Wissahickon will be participating in the Jump Rope For Heart campaign. This campaign supports the American Heart Association. Last year our school raised over \$2,000!

In April, our HYPE (Healthy You Positive Energy) Club students will host Cook-Wissahickon's 3rd Annual 'Family Fun & Fit Night.' Parents can join their children in a variety of games and activities. We end the event with a glow in the dark dance party. Hope you can join us!

Middle school students will have an opportunity to join HYPE, a club which focuses on healthy initiatives within our school walls. Students who are involved in the club will attend the Middle School HYPE Summit on November 1.

To help build the Physical Education Program at Cook-Wissahickon I frequently post projects on Donor's Choose for equipment or items that our students could benefit from. We have a new electronic scoreboard and American flag that will be hung up in the gym that were funded through our Donors Choose projects last year. Please feel free to take a look!

<https://www.donorschoose.org/Mrs.Hagan>

I believe physical education is important in all of our lives, and it is my job to teach your children the skills necessary for them to enjoy physical fitness and exercise throughout their lives. I will encourage all of the students to be physically active in a safe, controlled way. It is also important to me to treat your student with respect, patience, and kindness, and I will expect to be treated with those same qualities in return. I look forward to being a significant person in your child's life, so please feel free to contact me with any questions or concerns. Thank you for taking the time to read this with your child. This is going to be a fun-filled year!

Yours in fun and fitness,

Andrea Hagan

Andrea Hagan
Physical Education Teacher

