

Food Service Safety Handling Trash

Handling trash can lead to many injuries, including back strains, cuts, punctures and slip and falls. Proper handling of trash can reduce these injuries. These tips can help employees avoid injuries.

- Do not allow any trash container to get more than three-quarters full.
Note: Food waste is much heavier than general waste and the bag becomes overloaded and too heavy for a person to handle.
- Do not push down on the bag to remove the air!
Note: The container could accidentally contain glass or broken plastic and you could be severely cut. (If emptying restroom trash, it could contain needles)
- Spilled food or leaking liquids around waste bags should be cleaned up immediately—even if you didn't cause it.
Note: If you don't clean up, someone can and will slip and fall. It could be YOU!!
- Place broken glass and plastic in a designated waste container!
Note: Putting it into the general waste could expose one of your fellow employees to a severe cut!!

Proper method of removing a plastic trash bags from a container:

- Tie the bag top
- Tip the waste container slightly to its side
- Tug the bag out slowly and evenly using both hands

Note: Do not lift the trash bag straight out of the container

Proper Method of placing the waste bag in the dumpster:

- Open the side door of the dumpster before you start your lift
- Grab the top of the bag with both hands lifting with your legs not your back
- Place the bag into the dumpster

Note: Do not allow the bag to come in to contact with your body—if there is glass in it, it will cut you!

Handling Trash

Conducted by: _____ Safety Topic: _____

Attendee's Name:

Safety Items

Discussed: _____

Injuries

Discussed: _____

Recommendations: _____

Guests: _____

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