



April 2018

DAILY BREAKFAST OFFERINGS					
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
CHOOSE 1	Smoothie w/ Graham Crackers	Smoothie w/ Graham Crackers	Smoothie w/ Graham Crackers	Smoothie w/ Graham Crackers	Smoothie w/ Graham Crackers
	Variety of Cereal w/ Graham Crackers	Variety of Cereal w/ Graham Crackers	Variety of Cereal w/ Graham Crackers	Variety of Cereal w/ Graham Crackers	Variety of Cereal w/ Graham Crackers
BREAKFAST MENU					
	MONDAY 4/2	TUESDAY 4/3	WEDNESDAY 4/4	THURSDAY 4/5	FRIDAY 4/6
CHOOSE 1	<p>Schools Closed</p>	Zee Zee Bar w/ Graham Crackers (1)	French Toast Sticks(3) & Syrup	Mini Waffles	Eggs w/ Sausage Patty on a Bagel
		Yogurt Parfait w/ Granola	Mini Loaf w/ String Cheese (1)	Yogurt Parfait w/ Granola	Appleways Bar
Apple Juice		Peach Slices	Orange Juice	Pear Cup	
Fresh Fruit or Craisins		Fresh Apple	Fresh Pear	Fresh Orange	
Milk		Milk	Milk	Milk	
	MONDAY 4/9	TUESDAY 4/10	WEDNESDAY 4/11	THURSDAY 4/12	FRIDAY 4/13
CHOOSE 1	Waffles(2) & Syrup	Blueberry Muffin	Egg & Cheese on an English Muffin	Cinnabar	Whole Grain Pancakes(2) & Syrup
	Homestyle Banana Bread	Yogurt Parfait w/ Granola	Rebel Crumbles	Yogurt Parfait w/ Granola	Granola Round
CHOOSE 1	Mixed Fruit Cup	Blended Fruit Juice	Raisins	Grape Juice	Pineapple Cup
	Fresh Apple	Fresh Grapes	Fresh Banana	Fresh Pear	Fresh Orange
	Milk	Milk	Milk	Milk	Milk
	MONDAY 4/16	TUESDAY 4/17	WEDNESDAY 4/18	THURSDAY 4/19	FRIDAY 4/20
CHOOSE 1	Steak & Cheese on a Kaiser Roll	Zee Zee Bar w/ Graham Crackers (1)	French Toast Sticks(3) & Syrup	Mini Waffles	Eggs w/ Sausage Patty on a Bagel
	Fruit Frudel	Yogurt Parfait w/ Granola	Mini Loaf w/ String Cheese (1)	Yogurt Parfait w/ Granola	Appleways Bar
CHOOSE 1	Craisins	Apple Juice	Peach Slices	Orange Juice	Pear Cup
	Fresh Apple	Fresh Grapes	Fresh Banana	Fresh Pear	Fresh Orange
	Milk	Milk	Milk	Milk	Milk
	MONDAY 4/23	TUESDAY 4/24	WEDNESDAY 4/25	THURSDAY 4/26	FRIDAY 4/27
CHOOSE 1	Waffles(2) & Syrup	Blueberry Muffin	Mini Sausage Patty on a Biscuit	Cinnabar	Whole Grain Pancakes(2) & Syrup
	Homestyle Banana Bread	Yogurt Parfait w/ Granola	Rebel Crumbles	Yogurt Parfait w/ Granola	Granola Round
CHOOSE 1	Mixed Fruit Cup	Blended Fruit Juice	Raisins	Grape Juice	Pineapple Cup
	Fresh Apple	Fresh Grapes	Fresh Banana	Fresh Pear	Fresh Orange
	Milk	Milk	Milk	Milk	Milk
	MONDAY 4/30	TUESDAY 5/1	WEDNESDAY 5/2	THURSDAY 5/3	FRIDAY 5/4
CHOOSE 1	Steak & Cheese on a Kaiser Roll	Zee Zee Bar w/ Graham Crackers (1)	French Toast Sticks(3) & Syrup	Mini Waffles	Eggs w/ Sausage Patty on a Bagel
	Fruit Frudel	Yogurt Parfait w/ Granola	Mini Loaf w/ String Cheese (1)	Yogurt Parfait w/ Granola	Appleways Bar
CHOOSE 1	Craisins	Apple Juice	Peach Slices	Orange Juice	Pear Cup
	Fresh Apple	Fresh Grapes	Fresh Banana	Fresh Pear	Fresh Orange
	Milk	Milk	Milk	Milk	Milk



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DAILY LUNCH OFFERINGS					
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
The Grill	Chicken Patty on WW Roll	Beef Hot Dog on WW Bun	Meatball Sandwich	Classic Cheeseburger w/ Lettuce & Tomato	South Philly Cheesesteak
The Deli	Cheese Hoagie with Lettuce & Tomato (V)	Chicken Caesar Wrap	Turkey Pepperoni & Cheese on Kaiser	Buffalo Chicken Wrap	Italian Hoagie
Fresh Express	Chicken Caesar Salad w/ Dinner Roll	Chicken Taco Salad	Chef Salad w/ Turkey w/ Dinner Roll	Chicken Caesar Salad w/ Dinner Roll	Falafel Tot Salad w/ Local Greens
LUNCH MENU					
	MONDAY 4/2	TUESDAY 4/3	WEDNESDAY 4/4	THURSDAY 4/5	FRIDAY 4/6
Featured Entrée	<p>Schools Closed</p>	Chicken Nuggets (5)	Turkey Taco Bowl w/ Tortilla Rounds	French Bread Pizza (V)	Sloppy Joe Sandwich
CHOOSE 1-4		Baked Beans	Seasoned Corn	Sweet Potato Waffle Fries	Garlic Green Beans
		French Fries	Baby Carrots w/ Low Fat Dip	Savory Broccoli Cuts	Garden Salad w/ Local Greens
		Pear Cup	Grape Juice	Mandarin Oranges	Frozen Fruit Juice Cup
		Fresh Fruit or Craisins	Fresh Orange	Fresh Apple	Fresh Pear
	Milk	Milk	Milk	Milk	Milk
	MONDAY 4/9	TUESDAY 4/10	WEDNESDAY 4/11	THURSDAY 4/12	FRIDAY 4/13
Featured Entrée	Mac & Cheese w/ a Dinner Roll (V)	Waffles(2) w/ Turkey Sausage Links(2) & Syrup	Kung Pao Chicken w/ Brown Rice	Whole Wheat Penne Pasta w/ Meatballs	Chicken Tenders (3)
CHOOSE 1-4	Garlic Green Beans	Baked Beans	Sweet Potato Waffle Fries	Italian Vegetable Blend	French Fries
	Sliced Carrots	Potato Rounds	Garden Salad w/ Local Greens	Mashed Potatoes	Broccoli w/ Low Fat Dip
	Orange Juice	Applesauce	Pineapple Juice	Peach Slices	Apple Juice
	Fresh Grapes	Fresh Orange	Fresh Apple	Fresh Banana	Fresh Pear
	Milk	Milk	Milk	Milk	Milk
	MONDAY 4/16	TUESDAY 4/17	WEDNESDAY 4/18	THURSDAY 4/19	FRIDAY 4/20
Featured Entrée	Lasagna Roll-up (V)	Roasted Chicken w/ Gravy & a Garlic Breadstick	Sloppy Joe Sandwich	Beefy Mac & Cheese w/ Garlic Breadstick	Curry Chicken w/ Brown Rice
CHOOSE 1-4	Garlic Green Beans	Baked Beans	Petite Peas	French Fries	Celery Sticks w/ Low Fat Dip
	Garden Salad w/ Local Greens	Seasoned Corn	Savory Broccoli Cuts	Baby Carrots w/ Low Fat Dip	Sweet Potato Waffle Fries
	Blended Fruit Juice	Pear Cup	Grape Juice	Mandarin Oranges	Frozen Fruit Juice Cup
	Fresh Grapes	Fresh Orange	Fresh Apple	Fresh Banana	Fresh Pear
	Milk	Milk	Milk	Milk	Milk
	MONDAY 4/23	TUESDAY 4/24	WEDNESDAY 4/25	THURSDAY 4/26	FRIDAY 4/27
Featured Entrée	Cheese Calzone w/ Marinara (V)	Chicken Nuggets (5)	Turkey Taco Bowl w/ Tortilla Rounds	Cheesy Chicken Flatbread	Manager's Choice
CHOOSE 1-4	Italian Vegetable Blend	Baked Beans	Cucumber Coins w/ Low Fat Dip	Potato Rounds	Garlic Green Beans
	Sweet Potato Waffle Fries	French Fries	Sliced Carrots	Garden Salad w/ Local Greens	Mashed Potatoes
	Orange Juice	Applesauce	Pineapple Juice	Peach Slices	Apple Juice
	Fresh Grapes	Fresh Orange	Fresh Apple	Fresh Banana	Fresh Pear
	Milk	Milk	Milk	Milk	Milk
	MONDAY 4/30	TUESDAY 5/1	WEDNESDAY 5/2	THURSDAY 5/3	FRIDAY 5/4
Featured Entrée	Mac & Cheese w/ a Dinner Roll (V)	Waffles(2) w/ Turkey Sausage Links(2) & Syrup	Lemongrass Chicken w/ Brown Rice	Whole Wheat Penne Pasta w/ Meatballs	Chicken Tenders (3)
CHOOSE 1-4	Seasoned Corn	Baked Beans	Savory Broccoli Cuts	Garlic Green Beans	French Fries
	Sweet Potato Waffle Fries	Celery Sticks w/ Low Fat Dip	Garden Salad w/ Local Greens	Baby Carrots w/ Low Fat Dip	Petite Peas
	Blended Fruit Juice	Pear Cup	Grape Juice	Mandarin Oranges	Frozen Fruit Juice Cup
	Fresh Grapes	Fresh Orange	Fresh Apple	Fresh Banana	Fresh Pear
	Milk	Milk	Milk	Milk	Milk

V = Vegetarian Entrée




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MONDAY 4/2	TUESDAY 4/3	WEDNESDAY 4/4	THURSDAY 4/5	FRIDAY 4/6
 <p>Spring Break Schools Closed</p>	<p>Turkey Ranch Wrap Blended Fruit Juice Celery Sticks w/ Low Fat Dip Milk</p>	<p>Chicken Caesar Wrap Fresh Pear Baby Carrots w/ Low Fat Dip Milk</p>	<p>Turkey Pepperoni & Cheese on Kaiser w/ Lettuce & Tomato Raisins Broccoli Florets w/Low Fat Dip Milk</p>	<p>Cheese Hoagie w/ Lettuce & Tomato (V) Bagged Apples Baby Carrots w/ Low Fat Dip Milk</p>
MONDAY 4/9	TUESDAY 4/10	WEDNESDAY 4/11	THURSDAY 4/12	FRIDAY 4/13
<p>Buffalo Chicken Wrap Craisins Cucumber Coins w/ Low Fat Dip Milk</p>	<p>Italian Hoagie Pear Cup Celery Sticks w/ Low Fat Dip Milk</p>	<p>Protein Pack Baby Carrots w/ Low Fat Dip Milk</p>	<p>Tuna Wrap Fresh Banana Broccoli Florets w/Low Fat Dip Milk</p>	<p>Turkey & Cheese Hoagie Pineapple Cup Baby Carrots w/ Low Fat Dip Milk</p>
MONDAY 4/16	TUESDAY 4/17	WEDNESDAY 4/18	THURSDAY 4/19	FRIDAY 4/20
<p>Hummus Platter (V) Applesauce Cucumber Coins w/ Low Fat Dip Milk</p>	<p>Turkey Ranch Wrap Blended Fruit Juice Celery Sticks w/ Low Fat Dip Milk</p>	<p>Chicken Caesar Wrap Fresh Pear Baby Carrots w/ Low Fat Dip Milk</p>	<p>Turkey Pepperoni & Cheese on Kaiser w/ Lettuce & Tomato Raisins Broccoli Florets w/Low Fat Dip Milk</p>	<p>Cheese Hoagie w/ Lettuce & Tomato (V) Bagged Apples Baby Carrots w/ Low Fat Dip Milk</p>
MONDAY 4/23	TUESDAY 4/24	WEDNESDAY 4/25	THURSDAY 4/26	FRIDAY 4/27
<p>Buffalo Chicken Wrap Craisins Cucumber Coins w/ Low Fat Dip Milk</p>	<p>Italian Hoagie Pear Cup Celery Sticks w/ Low Fat Dip Milk</p>	<p>Protein Pack Baby Carrots w/ Low Fat Dip Milk</p>	<p>Tuna Wrap Fresh Banana Broccoli Florets w/Low Fat Dip Milk</p>	<p>Turkey & Cheese Hoagie Pineapple Cup Baby Carrots w/ Low Fat Dip Milk</p>
MONDAY 4/30	TUESDAY 5/1	WEDNESDAY 5/2	THURSDAY 5/3	FRIDAY 5/4
<p>Hummus Platter (V) Applesauce Cucumber Coins w/ Low Fat Dip Milk</p>	<p>Turkey Ranch Wrap Blended Fruit Juice Celery Sticks w/ Low Fat Dip Milk</p>	<p>Chicken Caesar Wrap Fresh Pear Baby Carrots w/ Low Fat Dip Milk</p>	<p>Turkey Pepperoni & Cheese on Kaiser w/ Lettuce & Tomato Raisins Broccoli Florets w/Low Fat Dip Milk</p>	<p>Cheese Hoagie w/ Lettuce & Tomato (V) Bagged Apples Baby Carrots w/ Low Fat Dip Milk</p>



April 2018

MONDAY 4/2	TUESDAY 4/3	WEDNESDAY 4/4	THURSDAY 4/5	FRIDAY 4/6	SATURDAY 4/7
 Spring Break Schools Closed					Granola Round Pear Cup Pineapple Juice Milk
					Buffalo Chicken Wrap Blended Fruit Juice Peach Slices Broccoli w/ Low Fat Dip Garden Salad w/ Dressing Milk
MONDAY 4/9	TUESDAY 4/10	WEDNESDAY 4/11	THURSDAY 4/12	FRIDAY 4/13	SATURDAY 4/14
					Appleways Bar Orange Juice Pineapple Cup Milk
					Turkey Ranch Wrap Raisins Grape Juice Celery Sticks w/ Low Fat Dip Garden Salad w/ Dressing Milk
MONDAY 4/16	TUESDAY 4/17	WEDNESDAY 4/18	THURSDAY 4/19	FRIDAY 4/20	SATURDAY 4/21
					Granola Round Pear Cup Pineapple Juice Milk
					Buffalo Chicken Wrap Blended Fruit Juice Peach Slices Broccoli w/ Low Fat Dip Garden Salad w/ Dressing Milk
MONDAY 4/23	TUESDAY 4/24	WEDNESDAY 4/25	THURSDAY 4/26	FRIDAY 4/27	SATURDAY 4/28
					Appleways Bar Orange Juice Pineapple Cup Milk
					Turkey Ranch Wrap Raisins Grape Juice Celery Sticks w/ Low Fat Dip Garden Salad w/ Dressing Milk
MONDAY 4/30	TUESDAY 5/1	WEDNESDAY 5/2	THURSDAY 5/3	FRIDAY 5/4	SATURDAY 5/5
					Granola Round Pear Cup Pineapple Juice Milk
					Buffalo Chicken Wrap Blended Fruit Juice Peach Slices Broccoli w/ Low Fat Dip Garden Salad w/ Dressing Milk