

# CARVER E&S

## Athletic Department

Sports physicals must be done on or after June 1<sup>st</sup> for each upcoming school year. A new sports physical is required for each new school year. It is then valid for the entire year-the Fall, Winter, and Spring athletic seasons.

### **Directions for completing the PIAA Comprehensive Pre-Participation Physical Evaluation:**

- A. The 1<sup>st</sup> page is Section 1: Personal and Emergency Information. A parent fills in everything on this page.
- B. The 2<sup>nd</sup> page is Section 2: Certification of Parent/Guardian. Parent completes all information at the top of the form, signs name in the boxes next to each sport that the student is interested in playing and signs and dates letters B, C, D, and E.
- C. The 3<sup>rd</sup> page is Sections 3: Understanding of Risk of Concussion and Traumatic Brain Injury. Both student and parent must sign and date the bottom of the page.
- D. The 4<sup>th</sup> page is Section 4: Understanding of sudden cardiac arrest symptoms and warning signs. Both student & parent must sign and date the bottom of the page.
- E. The 5<sup>th</sup> page is Section 5: Health History. Complete the top of the form. Go through checklist and check each box yes or no. Any yes answers must be briefly explained on the lines provided. Both student and parent must sign and date the bottom of the page.
- F. The 6<sup>th</sup> page is Section 6: PIAA Physical Evaluation. Complete top of the form for name, age, grade, school, and sport(s). The doctor will fill out the rest of the form.

**Very Important! -Section 6 must be stamped by the doctor's office. Physicals dated before June 1 are invalid, IT MUST BE DATED JUNE 1<sup>ST</sup> OR LATER!**

- G. Sections 7, 8, & 9 do not need to be completed at this time. They may be needed at a later date.
- H. The last page is Parental Permission form EH-80. Parent must only fill out all information below the dotted line.
- I. Please return completed paperwork to the coach. You cannot play or practice until this paperwork is completed.