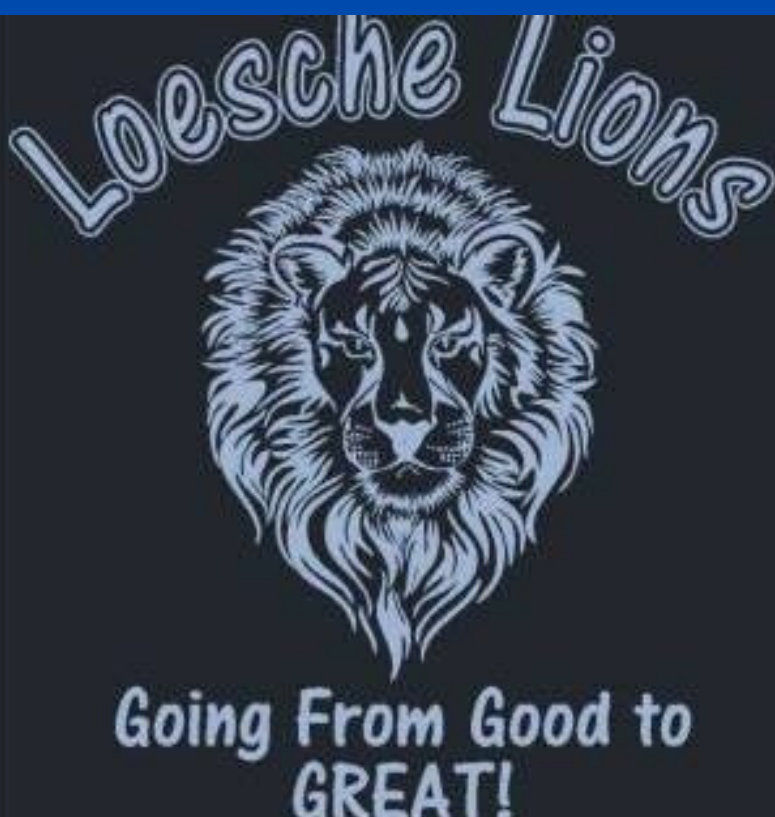


# LOESCHE ELEMENTARY SCHOOL

Social and Emotional Learning (SEL) is how children and adults learn to understand and manage emotions, set goals, show empathy for others, establish positive relationships, and make responsible decisions. - The Collaborative for Academic, Social, and Emotional Learning (CASEL)

## WEEK OF APRIL 20TH

### SEL Skill Gratitude

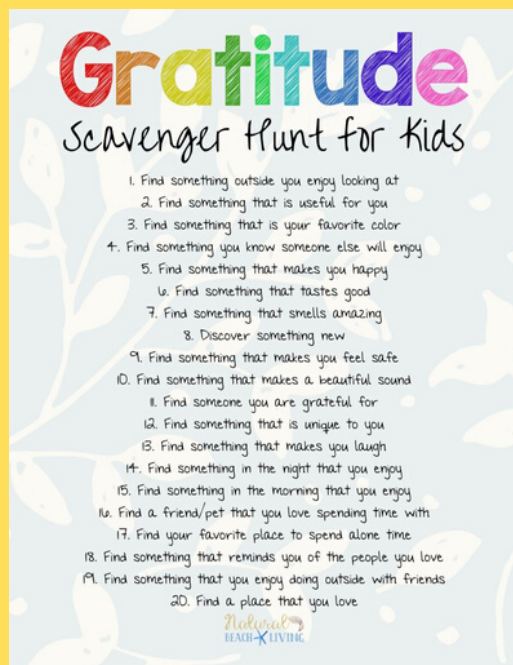


## K - 1ST GRADE

Draw something that makes you happy.  
Draw someone who helps you.  
Draw something that makes you smile.  
Draw something you love to do.  
Draw something you are thankful for.  
Draw someone you love.  
Draw something that makes you laugh.

<https://letslassothemoon.com>

## 2ND - 3RD GRADE



## 4TH - 5TH GRADE



## FAMILY FUN

### Happiness Jar

Write down something that made you happy every day for a year, then open the jar and read about all the amazing things that happened.



## CONTACT YOUR SCHOOL COUNSELOR

Mrs. Smyth

[smcohen@philasd.org](mailto:smcohen@philasd.org)

Office Hours: Mon - Wed - Fri 10:00am - 11:30pm

Tues - Thurs 1:30pm - 3:00pm