

Health & Wellness Subcommittee Meeting

February 11, 2021

5-6 pm via Zoom

Attendees: Steve Clyman, Sam Vitiello, Greg Jablonski, Thanos Mondlak, Meena Ramakrishnan (facilitator)

Agenda items:

Covid Advisory Group –Steve and Meena reported out on the first meeting held February 10. There were six parent volunteers in attendance along with Amy Shalala (school nurse) and Principal Jessica Brown. The advisory group discussed their charge, reviewed guidance from the School District of Philadelphia’s reopening manual and formulated some action steps.

Supporting students in remote learning – Sam provided an update on the proposed recommendations based on the survey organized by the Teaching & Learning Subcommittee. Survey findings support the parent and student priorities of 1.) establishing school-wide guidance on maximum screen time based on grade; 2.) conducting one-on-one student check ins with teachers at least once per marking period. In addition, the H&W group discussed ideas on how to support students socially and emotionally at this time. Ideas included hosting some virtual or outdoor social events either by grade or by neighborhood and creating an opportunity for a facilitated parent discussion on how to cope with the ongoing stressors of the pandemic at this time. This discussion may be something that the HSA Student Affairs & Wellness Committee is also interested in co-hosting.

Action steps:

1. Meena will email Yvonne, the chair of the HSA Student Affairs & Wellness Committee to find out the date of their next meeting and then share this with the H&W group.

Continue discussing ideas for creating or promoting social supports for students