

## May is Asian Pacific American Heritage Month!

Asian/Pacific American history and culture always matters! May is just a month designated specifically for celebrating the Asian/Pacific American communities. Listed below are some ways to engage with and celebrate the Asian and Pacific American (AAPI) communities this May. There are also educational resources listed below for those that are seeking to learn more about the AAPI community, as well as mental health resources for those in the community who are seeking support.

- ACA (Asian Cultural Association) and DOSA (Desi Organization of South Asians)

ACA meetings will be held every Friday for the month of May during 8th period at this zoom link:

<https://philasd-org.zoom.us/j/88077167942?pwd=MUhaQXZId2s5YmU4UOpDc0c1SXRaQT09>.

Everyone is welcome to join our meetings!

### Local AAPI Restaurants/Bakeries to Support:

*Many businesses have struggled during the pandemic, and unfortunately a lot have had to close during the past year due to financial troubles. Many Asian-owned businesses were hit especially hard at the beginning of the pandemic due to racist fears and attitudes about the coronavirus. Please support local Asian-owned businesses!!!*

#### Center City:

Amma's Restaurant - South Indian cuisine <http://philadelphia.ammarestaurants.com/>

Koreana - Korean cuisine <https://www.koreanaeat.com/>

Seorabol Center City - Traditional Korean cuisine <https://www.srbtogo.com/#/>

Smile Cafe - Thai restaurant <https://www.smilecafethai.com/>

#### Chinatown:

Banana Leaf - Malaysian cuisine <https://www.bananaleafphilly.com/>

Bread Top House - Asian bakery <https://breadtophousephiladelphia.cafecityguide.website/>

Bubblefish - Japanese cuisine (both casual takeout and fancy restaurant) -  
<https://www.bubblefishpa.com/>

K C's Pastries - bakery; no website. Address: 109 N 10th Street 19107

Nanzhou Hand Drawn Noodles - Chinese restaurant (known for their noodles)  
<https://nanzhounoodlehouse.com/index.html>

Ting Wong - Chinese cuisine <http://www.tingwongrestaurant.com/>

Xi'an Sizzling Woks - Authentic cuisine of Xi'an, China (two locations: one near Chinatown and one in West Philly) <https://www.xiansizzlingwoksp Philly.com/>

Yummy Yummy - Chinese restaurant; no website. Address: 52 N 10th Street 19107

### **North Philly:**

House of Thai

<https://www.grubhub.com/restaurant/house-of-thai-cuisine-3520-cottman-ave-philadelphia/263117>

Kim's Restaurant - Korean BBQ <http://kimsbbqrestaurant.com/>

Sarvida - Filipino food in Fishtown <https://www.sarvidaphilly.com/>

Seorabol - Korean Japanese BBQ <http://philadelphiakoreanrestaurant.com/>

Tai's Vietnamese Food - Located on Temple's campus! <https://www.taisvietnamesefood.com/>

## **Northeast Philly:**

Fluffy Bakery - an online bakery run by Kera, a Masterman student

[https://www.instagram.com/fluffy\\_bakery/](https://www.instagram.com/fluffy_bakery/)

Ding Tea Philadelphia - Bubble tea shop <https://www.dingteaphiladelphia.com/menu>

Magic Noodles - Chinese Cuisine

<https://www.grubhub.com/restaurant/magic-noodles-2833-cottman-ave-philadelphia/250850>

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## **South Philly:**

Ba Le Bakery - Bánh Mì/ Vietnamese Cuisine <http://www.balebakery.com/home>

Cafe Cuong - Bánh Mì/Vietnamese Cuisine <https://www.yelp.com/biz/cafe-cuong-philadelphia>

Nam Phuong - variety of Vietnamese cuisine <https://www.namphuongphilly.com/>

Pho 75 - Vietnamese food (quick and casual) <http://phoseventyfive.com/>

Sky Cafe - Indonesian cuisine <https://www.skycafephilly.com/>

Sophie's Kitchen - Cambodian restaurant; no website. Address: 522 Washington Ave 19147

Three Graces - Bakery and coffee shop <https://www.threegracescoffee.com>

## **West Philly:**

Choy Wong Kitchen - Chinese cuisine

<https://www.allmenus.com/pa/philadelphia/291976-choy-wong-kitchen/menu/>

Desi Village - Indian cuisine. <https://www.desivillage.net/>

Flourish Bakeshop - Asian-owned online bakeshop that does weekly and custom orders.

[https://www.instagram.com/flourish\\_philly/](https://www.instagram.com/flourish_philly/)

<https://www.flourishphilly.com/>

Fu-Wah Mini Market - Sells Bánh Mì (Vietnamese Hoagies), as well as other sandwiches and hoagies. They also function as a convenience store and have a lot of different kinds of snacks.

<https://www.fuwahminimarket.com/>

Hadramout - Yemeni cuisine

<https://www.grubhub.com/restaurant/hadramout-136-s-45th-st-philadelphia/1659713>

Hayashi Sushi and Poke - Japanese and Hawaiian cuisine. <https://hayashisushiphilly.com/>

Ice Cave - Taiwanese shaved ice, bubble tea, and other desserts. <https://www.icecavepa.com/>

Kusina Philly - Filipino cuisine <https://kusinaphilly.com/>

Pattaya - Thai Cuisine <https://www.pattayarestaurant.com/>

Vietnam Café - Vietnamese cuisine. <http://www.eatatvietnam.com/cafe/menus.php>

## **Other Local AAPI Businesses/Organizations to Support:**

Asian Arts Initiative - <https://asianartsinitiative.org/>

Asian Americans United (AAU) - <https://aaunited.org/>

Cambodian Association of Greater Philadelphia - <http://cagp.org/about-cagp1.html>

Chinese Youth Organizing Project -

<https://aaunited.org/our-work/youth-leadership-development-programs/chinese-youth-organizing-project-cyop/>

Philadelphia Asian American Film Festival - <https://filmfreeway.com/PAAFF>

Philly Asian Queer - <https://phillyasianqueer.com/>

Philadelphia Chinatown Development Corporation - <https://chinatown-pcdc.org/>

Vietlead - <https://www.vietlead.org/>

## **AAPI Literature to Read:**

Interpreter of Maladies by Jhumpa Lahiri

The Joy Luck Club by Amy Tan

Little Fires Everywhere by Celeste Ng

Pachinko by Min Jin Lee

A Tale For the Time Being by Ruth Ozeki

Kira-Kira by Cynthia Kadohata

The Best We Could Do by Thi Bui (graphic novel)

Sông I Sing by Bao Phi (poems)

Uprock Headspin Scramble and Dive by Patrick Rosal (poems)

## **AAPI TV Shows/Films to Watch:**

American Revolutionary: the Evolution of Grace Lee Boggs - Documentary about Chinese-American, social-activist Grace Lee Boggs.

Asian Americans - A PBS five-hour film series about the contributions, and challenges of Asian Americans, as well their role in U.S. history. <https://www.pbs.org/show/asian-americans/>

The Farewell - Movie about a young woman who visits her grandmother in China and learns a somber family secret.

“Gook” - Movie about two Asian-American brothers running a shoe store and befriending an 11-year old Black girl during the 1992 Los Angeles Riots.

The Joy Luck Club - Based on the book by Amy Tan, this movie explores themes of immigration, trauma, culture, and tradition through examining mother-daughter relationships and stories of the past.

Minari - Movie about Korean immigrants living in rural America.

Patriot Act - Political satire and comedy show hosted by Hasan Minhaj.

## **AAPI Artists/Musicians to Listen To:**

Auli'i Cravalho	Jhené Aiko	Priya Ragu
beabadoobee	Joji	Raveena
Bruno Mars	Madame Gandhi	Rich Brian
Conan Gray	Mitski	Rina Sawayama
Far East Movement	mxmtoon	UMI
H.E.R.	Norah Jones	Will Jay
Israel Kamakawiwo'ole	Olivia Rodrigo	ZAYN

## **Podcasts**

Asian Enough: From the Los Angeles Times, the hosts of this podcast invites Asian celebrities to share their experiences with being Asian-American <https://art19.com/shows/asian-enough>

Dear Asian Americans - Hosted by Jerry Won. Focuses on Asian American storytelling <https://www.justlikemedia.com/show/dear-asian-americans/>

Other: Mixed Race in America - This podcast, hosted by Alex Laughlin, explores being multiracial in America and what that has meant throughout history and has several episodes about being part Asian.

<https://www.washingtonpost.com/graphics/national/other-podcast-mixed-race-in-america/>

## **Events**

### **Virtual:**

[Celebrate AAPI Month: Cultural Symbols of Chinese Gardens](#) - Sign up for this event to join AARP Oregon, Lan Su Garden, and their guest speaker, Director of Communications & Education Venus Sun, for a conversation exploring the cultural symbols of Chinese gardens.

[CULINASIA: The Future of Asian Food in America: Southeast Asia Got Something to Say](#) - Free, virtual event you can register for on Zoom, speaker panel from Asian celebrity chefs on the topic of Southeast Asian food and the presence of anti-Asian racism

[Crafton Hills AAPI Heritage Month: Demystifying Mental Health](#) - Watch "StanD" live, a 30 minute play written by Filipino-American playwright Christopher Aguilar based on his own experience with bipolar disorder, after the play, there will be a discussion held by a mental health professional to provide education and awareness.

[Youth in Action: Ecological Knowledge in Pacific Coastal Communities](#) - Speaker panel by Indigenous activists about the threats posed to the environment and the ocean, and ways to combat them with traditional practices

### **In person:**

[Chinatown Scavenger Hunt - Summer Edition](#) - Scavenger hunt in Philadelphia's Chinatown: Discover historic Chinatown, search for clues, gather points, and earn prizes! The event lasts May 10 - July 3. You can register online or at Franklin Square's Ticket Window (registration not yet open).

[Philly Fighting Asian Hate](#) - Free self-defense classes located at the Rail Park on May 22 and 23. They are to empower Philly's AAPI community to fight against anti-Asian hate. Classes taught by Grandmaster Eng.

## **Educational/Mental Health Resources**

Anti-Asian Violence Resources - Website that contains links to information on anti-Asian violence, volunteer opportunities, places to donate, ways to report hate crimes, and mental health resources: <https://anti-asianviolenceresources.carrd.co/>

Asian American Psychological Association - Google doc that contains a compilation of educational and mental health resources:

<https://docs.google.com/document/d/1GrseILJlOFiNOzeQT3X3aizokL-M4NvXp7vCP4W-jm8/edit#>

Asian Mental Health Collective - Mental health resources and hotlines:

<https://www.asianmhc.org/resource/#hotlines>

Asian Pacific Heritage - Website that has a list of events and educational resources for AAPI month: <https://asianpacificheritage.gov/>