## Holding onto Hope

It has been over 60 days since we have been home on quarantine because of the coronavirus. And while there are scary news stories about how many people have died and many people have tested positive for this virus and that so many people have lost jobs, there are also some good things that have happened.

Did you notice that traffic is gone and the price of gas has come down? We are on quarantine, but we are home with our loved ones. Since restaurants and fast food places are closed, we are all eating healthier meals and actually sitting around the dinner table again instead of eating in front of the TV. Neighbors are helping neighbors and we all discovered that even though we may appear different, we are all actually just people trying to get through this the best way we can. We found out that we all have the strength within us to get us through this and we still have hope that things will get better. This virus has actually made us all slow down and learn to appreciate everything we have.







We all appreciate people and things that we didn't think of before. And we have found ways to show our gratitude towards the healthcare professionals and police who are keeping us safe. There are heartwarming stories on social media and news about people making and donating masks to hospitals and police officers. My older sister's high school even collected snacks and donated these snacks to Abington hospital. And local restaurants and food banks are helping to feed families that need help.

Catholic high school students sew face masks during pandemic



Catholic Students Collect Snacks for health care heroes



Birthday parties have turned into "drive-by celebrations". Video chats with family or friends who don't live with us have become the "new normal". We have all found other ways to stay connected and it hasn't been terrible.





This deadly virus has brought us all together and taught the world to slow down and appreciate life. Even though this has been hard on everyone, we are all reminded that there is always a rainbow after the rain and we will get through this difficult time because we all hold onto hope. Hope that everything will get better. Hope that this country and even the world can get through this difficult time with a better understanding of what it means to be united. Hope is the one thing that we can all hold onto to get us through this time.

