Create a Silhouette

1. Open **PhotoBooth.**
2. Take a picture of yourself (just your head and shoulders. No hands or arms).
3. When you have a picture, drag it to the desktop.
4. Double Click it to open it in **Preview.**
5. Click on the Toolbox.
6. In the bar that pops up choose the square.
7. Draw a square around yourself, as close as you can get.
8. Choose Tools> Crop to delete the area outside the square.
9. Draw more squares to erase as much of the background as possible.
a. The object is to leave just you in the picture.
10. When you can't use the square anymore, click on it and switch to the lasso.
11. Use the lasso to draw a border around the area you want to delete.
a. You may have to use Undo a lot. It's OK.
b. Use "Command +" to enlarge the screen and "Command –" to reduce it.
12. When you have erased everything but yourself, save it.
13. Choose Tools>>Adjust Color….
14. Slide the Exposure, Contrast, Highlights and Shadows Controls until your silhouette is all white or all black.
15. When you have it, save it. You have created your silhouette.