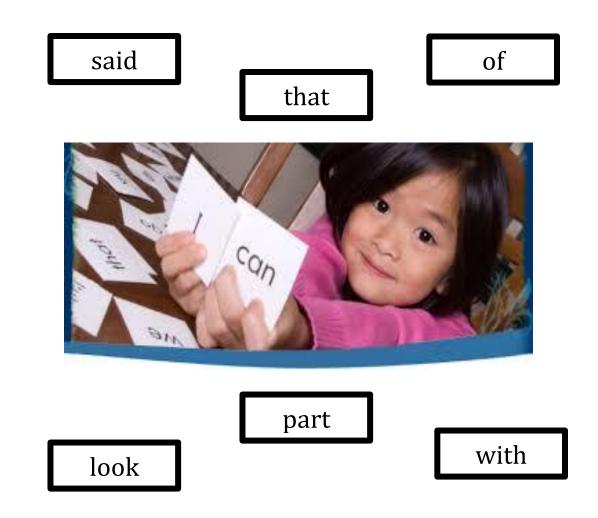


My High Frequency Words Kindergarten to Grade 3



High Frequency Words – Words that children recognize without having to sound them out. These words are used frequently and repeated in stories and books. High frequency words can be practiced at home using flashcards made from index cards or paper.



First 100 Words – Kindergarten to Grade 1

1.	the	26.	or	51.	will	76.	number
2.	of	27.	one	52.	up	77.	no
3.	and	28.	had	53.	other	78.	way
4.	a	29.	by	54.	about	79.	could
5.	to	30.	words	55.	out	80.	people
6.	in	31.	but	56.	many	81.	my
7.	is	32.	not	57.	then	82.	than
8.	you	33.	what	58.	them	83.	first
9.	that	34.	all	59.	these	84.	water
10.	it	35.	were	60.	SO	85.	been
11.	he	36.	we	61.	some	86.	called
12.	was	37.	when	62.	her	87.	who
13.	for	38.	your	63.	would	88.	oil
14.	on	39.	can	64.	make	89.	sit
15.	are	40.	said	65.	like	90.	now
16.	as	41.	there	66.	him	91.	find
17.	with	42.	use	67.	into	92.	long
18.	his	43.	an	68.	time	93.	down
19.	they	44.	each	69.	has	94.	day
20.	Ι	45.	which	70.	look	95.	did
21.	at	46.	she	71.	two	96.	get
22.	be	47.	do	72.	more	97.	come
23.	this	48.	how	73.	write	98.	made
24.	have	49.	their	74.	go	99.	may
25.	from	50.	if	75.	see	100.	part



Adapted from Fry's Word List



Second 100 Words – Grade 1 to Grade 2

1.	over	26.	say	51.	set	76.	try
2.	new	27.	great	52.	put	77.	kind
3.	sound	28.	where	53.	end	78.	hand
4.	take	29.	help	54.	does	79.	picture
5.	only	30.	through	55.	another	80.	again
6.	little	31.	much	56.	well	81.	change
7.	work	32.	before	57.	large	82.	off
8.	know	33.	line	58.	must	83.	play
9.	place	34.	right	59.	big	84.	spell
10.	years	35.	too	60.	even	85.	air
11.	live	36.	means	61.	such	86.	away
12.	me	37.	old	62.	because	87.	animal
13.	back	38.	any	63.	turn	88.	house
14.	give	39.	same	64.	here	89.	point
15.	most	40.	tell	65.	why	90.	page
16.	very	41.	boy	66.	ask	91.	letter
17.	after	42.	follow	67.	went	92.	mother
18.	things	43.	came	68.	men	93.	answer
19.	our	44.	want	69.	read	94.	found
20.	just	45.	show	70.	need	95.	study
21.	name	46.	also	71.	land	96.	still
22.	good	47.	around	72.	different	97.	learn
23.	sentence	48.	form	73.	home	98.	should
24.	man	49.	three	74.	us	99.	America
25.	think	50.	small	75.	move	100.	world
		_					



Adapted from Fry's Word List



Third 100 Words – By Grade 3

1.	high	26.	saw	51.	important	76.	miss
2.	every	27.	left	52.	until	77.	idea
3.	near	28.	don't	53.	children	78.	enough
4.	add	29.	few	54.	side	79.	eat
5.	food	30.	while	55.	feet	80.	face
6.	between	31.	along	56.	car	81.	watch
7.	own	32.	might	57.	mile	82.	far
8.	below	33.	close	58.	night	83.	Indian
9.	country	34.	something	59.	walk	84.	real
10.	plant	35.	seem	60.	white	85.	almost
11.	last	36.	next	61.	sea	86.	let
12.	school	37.	hard	62.	began	87.	above
13.	father	38.	open	63.	grow	88.	girl
14.	keep	39.	example	64.	took	89.	sometimes
15.	tree	40.	begin	65.	river	90.	mountains
16.	never	41.	life	66.	four	91.	cut
17.	start	42.	always	67.	carry	92.	young
18.	city	43.	those	68.	state	93.	talk
19.	earth	44.	both	69.	once	94.	soon
20.	eyes	45.	paper	70.	book	95.	list
21.	light	46.	together	71.	hear	96.	song
22.	thought	47.	got	72.	stop	97.	being
23.	head	48.	group	73.	without	98.	leave
24.	under	49.	often	74.	second	99.	family
25.	story	50.	run	75.	late	100.	it's



Adapted from Fry's Word List