



Inspiring health, wellness, and  
better learning.

## **EAT RIGHT PHILLY RELEASES REPORT AT 'WAKE UP TO WELLNESS' CELEBRATION**

*The Philadelphia School District's Eat Right Philly, a PA Snap-Ed program, announces new initiative name, releases progress report and engages students during morning celebration to highlight the connection between learning and health.*

**WHAT:** Eat Right Philly (ERP) will host a Wake Up to Wellness Celebration at Philadelphia Public School Clara Barton Elementary to recognize the success of the federally funded program and announce enhancements. The event, which is set to take place on **Thursday, February 7**, will include the release of its new report. Many fun, wellness-based activities will be held throughout the morning.

The celebration will kick off with a produce stand, coordinated by the Eat Right Philly team and Share Food Program, which regularly visits the school on Thursdays throughout the year and offers average savings of 50% off the retail cost. Report and program highlights are to be given by Eat Right Philly and partners. Additionally, a hands-on cooking class will be held, featuring a recipe from the best-selling cookbook *Good and Cheap: Eat Well on \$4/Day*. The morning continues with the ERP team engaging students in movement exercises that are part of ERP's wholistic approach to overall wellness.

**WHY:** Eat Right Philly helps to close the wellness gap in the Philadelphia School District. In the 2017-18 school year, the focus of ERP programming shifted from providing only direct education to also changing the policies, systems, and environments within schools to encourage students to make healthier choices. Together, schools and ERP develop a School Wellness Action Plan to address the needs of individual schools, as well as, encouraging parents, teachers, and the community to promote healthy behaviors amongst students.

**WHO:** Principal and Students from Clara Barton Elementary School  
Lauren Nocito, Director, Nutrition Education and Eat Right Philly/SNAP-Ed  
Eat Right Philly staff and partners:  
The Food Trust  
Drexel University  
Einstein Medical Center  
Health Promotion Council  
Agatston Urban Nutrition Initiative

## Vetri Community Partnership

**WHEN:** 8:00- 8:30 – Produce Stand, outside of Clara Barton Elementary School  
8:30-9:00 – Brief Remarks about report and program; new program name reveal  
9:00-9:30 – Cooking Class for parents  
9:30- 10:00 – Movement Exercise & Mango Taste Test

**WHERE:** Clara Barton Elementary School  
4600 Rosehill St, Philadelphia, PA 19120

**Contact:** Sharon Gallagher, [sgallagher@sage-communications.com](mailto:sgallagher@sage-communications.com)  
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### **About Eat Right Philly**

Eat Right Philly (ERP) educates, supports, and inspires improved school wellness and culture so School District of Philadelphia students and their families can live a healthy lifestyle and achieve their fullest potential. Programming is made possible through SNAP-Ed funding. The ERP team is led by District staff that serves as the convener and hub of the Eat Right Philly work across the District, working with other providers as a group effort to help schools meet their needs on their path to increased wellness.

Using their three-step program, ERP creates tailored initiatives for schools to engage students in wellness-enhancing activities such as nutrition lessons, healthy food tastings, and more recently, activities to address making healthier policies, systems, and environmental modifications for students.