WHAT IS CHECK IN / CHECK OUT?
Check In / Check Out (CICO) is an evidence-based intervention for providing daily support and monitoring to students in school who are at risk for developing serious or chronic problem behavior.

How Does CICO Help Students?
- Provides positive interactions with adults throughout the day.
- Gives structure with a daily routine.
- Students receive frequent feedback on demonstration of school-wide norms or values.
- Teaches and supports social and self-regulation skills that help promote school success.

Who is a Good Candidate for CICO?
- Students who act out frequently across settings.
- Students who like adult attention.
- Students who engage in classroom-managed problem behaviors.

What is the Caregiver’s Role?
- Reviews the home note.
- Provides positive praise and supportive feedback.
- Avoids negative or blaming comments when a goal is not met.
- Signs the home note and returns it to school with the student.
What does the daily CICO routine look like?

1. Morning Check-In
2. Teacher Feedback
3. Afternoon Check-Out
4. Caregiver Feedback

School team summarizes data to assess student progress and make decisions.

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