

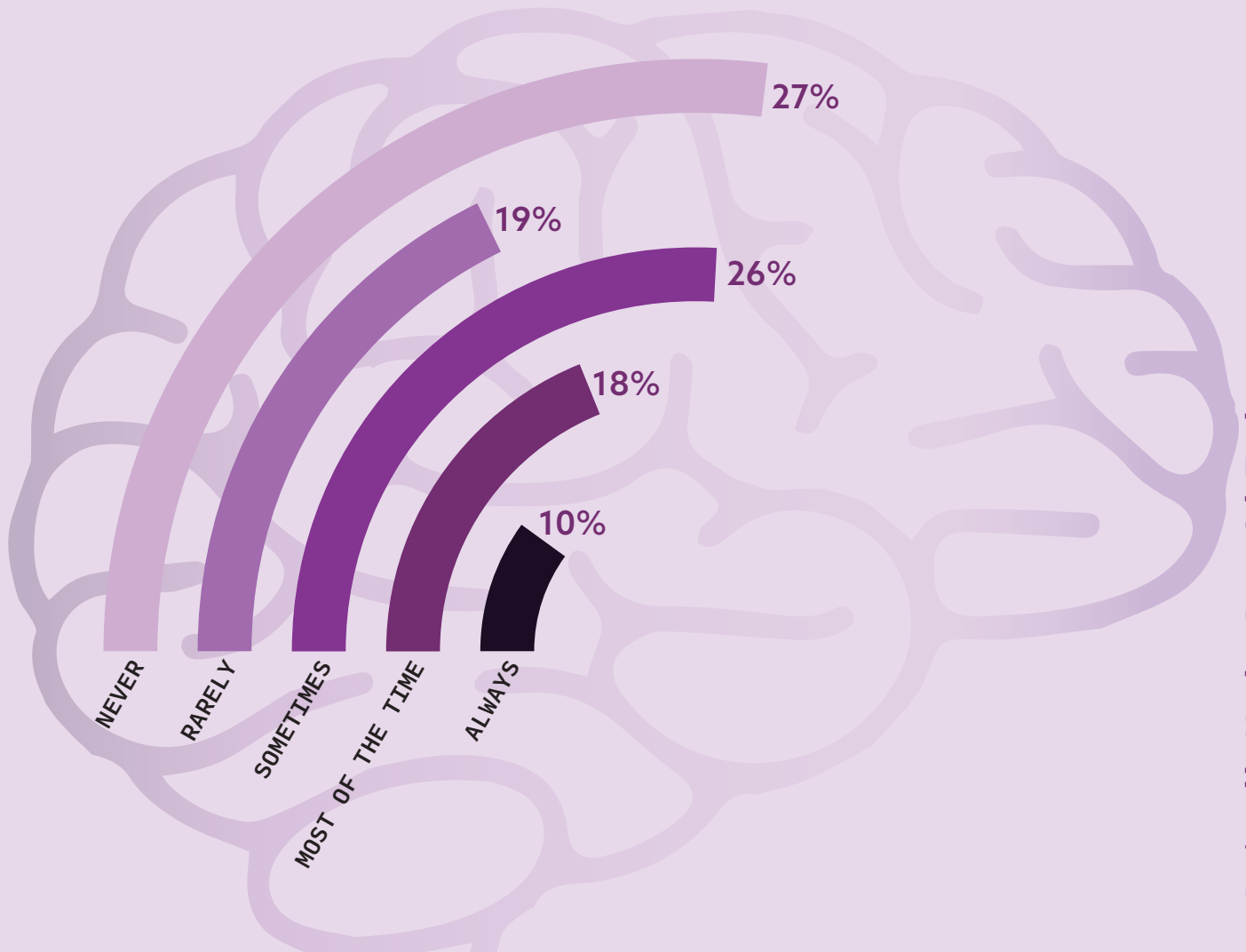
MENTAL HEALTH



Philadelphia
Youth Risk
Behavior Survey
Selected Results
from 2021

During the past 30 days, on how often was your mental health NOT good?

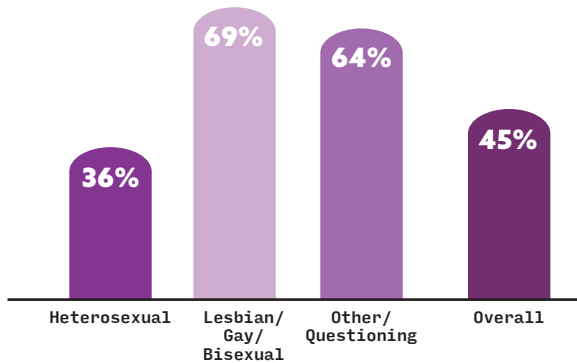
54% of students answered that their mental health was sometimes, most of the time, or always not good.



Designed by Matthew Bayer, Cole Tomko,
& Kayla Brown at Jefferson VCD

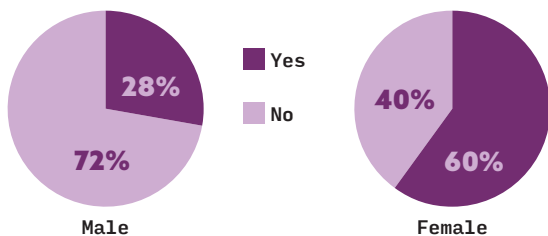
Depression

Percentage of high school students who ever felt sad or hopeless during the past 12 months*



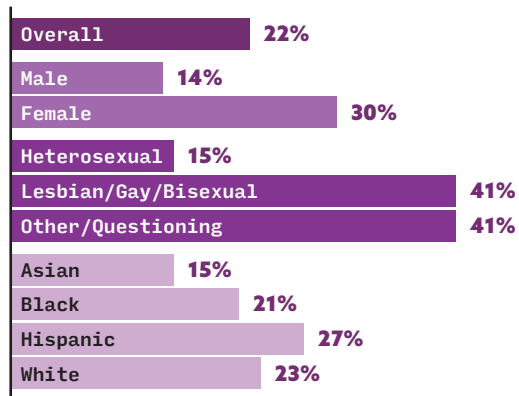
*Almost every day for >=2 weeks in a row so that they stopped doing some usual activities.

During the past 12 months, did you ever feel so sad or hopeless almost every day for two weeks or more in a row that you stopped doing some usual activities?

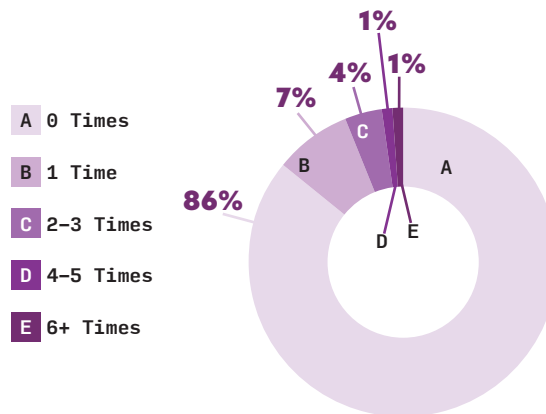


Suicide

Percentage of high school students who seriously considered attempting suicide

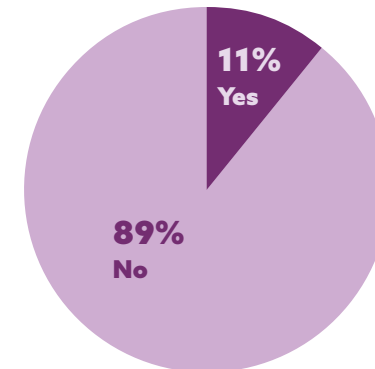


During the past 12 months, how many times did you actually attempt suicide?



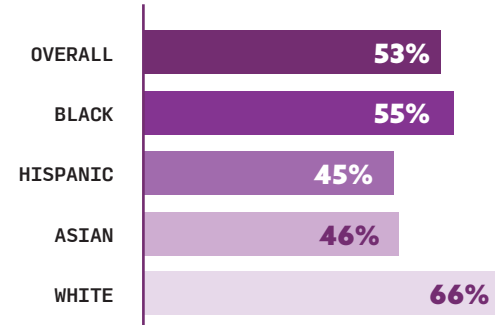
Electronic Bullying

During the past 12 months, have you ever been electronically bullied?



School Connectedness

Percentage of high school students who strongly agree or agree that they feel close to people at their school

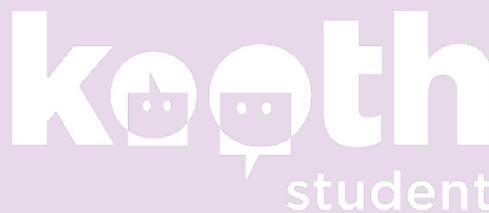


About YRBS

The Youth Risk Behavior Survey (YRBS) is conducted in cities and states across the United States on behalf of the Centers for Disease Control and Prevention (CDC). In spring 2021, the YRBS was administered to a sample of 1,351 students in grades 9-12 at 30 School District of Philadelphia (SDP) schools.

For more information on the YRBS
<https://www.cdc.gov/healthyouth/data/yrbs/index.htm>

For more information on the YRBS in SDP
<https://www.philasd.org/research/yrbs/>



us.kooth.com/philasd/
 Self-help content, anonymous and safe moderated forums, journaling, goal setting, and even chat-based counseling all through smartphones and computers

Resources for Students

1-833-PHL-HOPE (1-833-745-4673)
 PhillyHope Line

215-686-4420
 The Philadelphia Suicide/Crisis Intervention Hotline

678678
 The Trevor Project (Text "Start")

988
 988 Suicide and Crisis Lifeline (Call or Text)