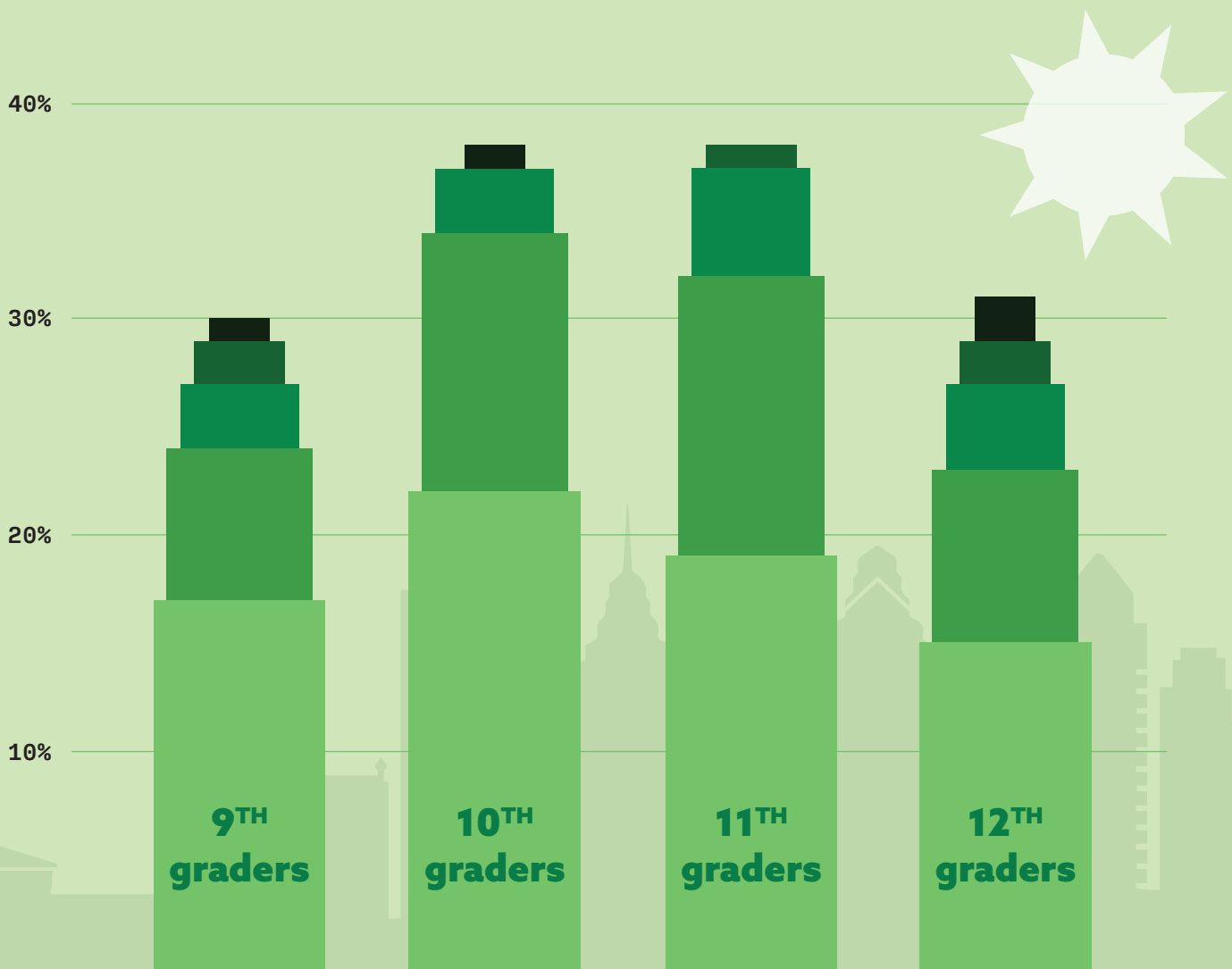
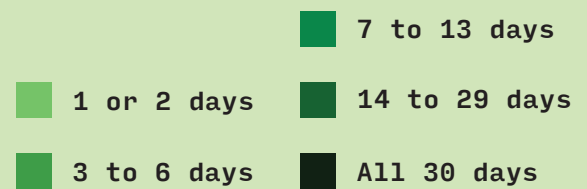


PHYSICAL HEALTH



Philadelphia
Youth Risk
Behavior Survey
Selected Results
from 2021

How many days was your physical health not good during the past 30 days?

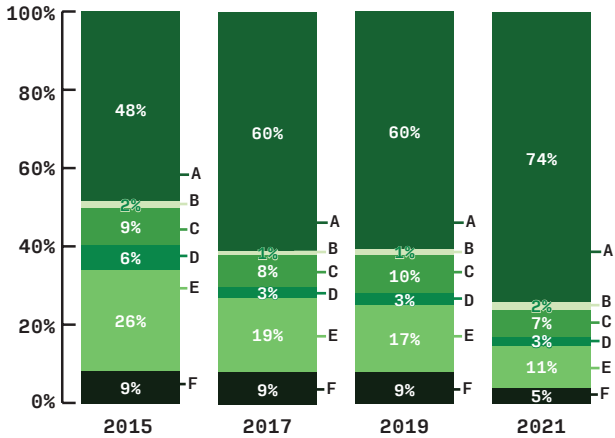


Designed by Maura Farrell
& Jordan Bethtea at Jefferson VCD

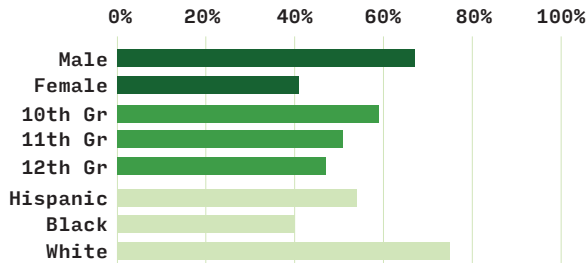
Sexual Health

The last time you had sexual intercourse with an opposite-sex partner, what one method did you or your partner use to prevent pregnancy?

- A Never had sex
- B Not sure
- C No method was used
- D Withdrawl/some other method
- E Condoms
- F Birth control pills, IUD or implant, or shot/patch/birth control ring



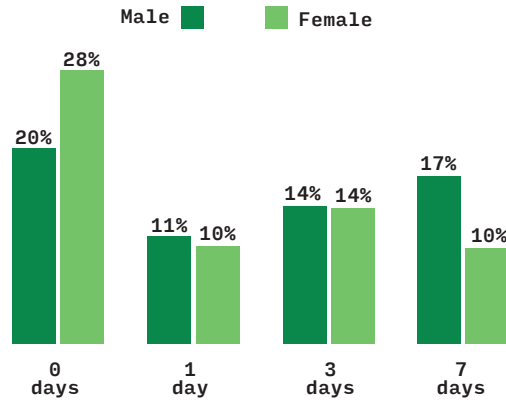
Percentage of high school students who used a condom during last sexual intercourse*



*Data not available for 9th grade and Asian students

Physical Health

During the past 7 days, on how many days were you physically active for a total of at least 60 minutes per day?



Have you been told by a medical professional that you have asthma?

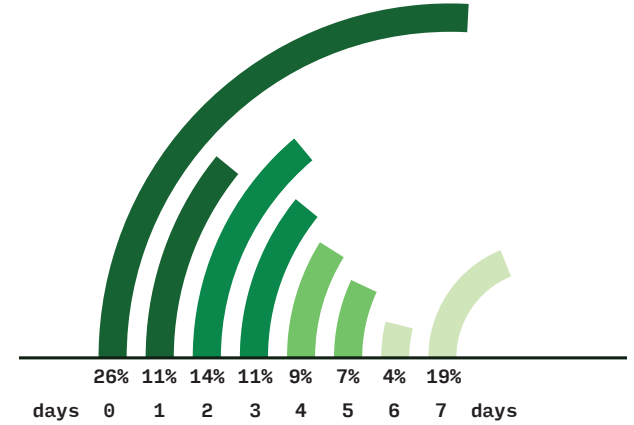
25% of students responded yes, they have been told by a medical professional that they have asthma



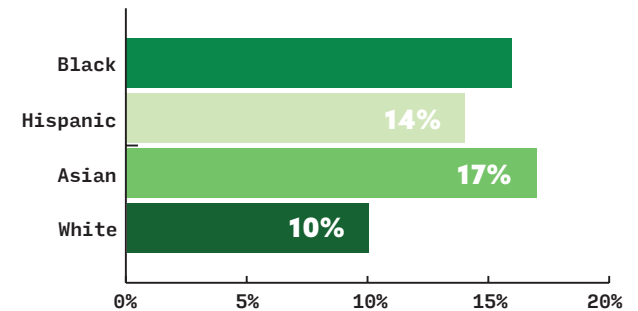
13% of students missed one or more days of school because of their asthma, in the last 30 days

Nutrition

During the past 7 days, on how many days did you eat breakfast?



Percentage of students that sometimes, most of the time, or always went hungry because there was not enough food in their home, during the past 30 days before the survey



About YRBS

The Youth Risk Behavior Survey (YRBS) is conducted in cities and states across the United States on behalf of the Centers for Disease Control and Prevention (CDC). In spring 2021, the YRBS was administered to a sample of 1,351 students in grades 9-12 at 30 School District of Philadelphia (SDP) schools.

For more information on the YRBS
<https://www.cdc.gov/healthyouth/data/yrbs/index.htm>

For more information on the YRBS in SDP
<https://www.philasd.org/research/yrbs/>



philasd.org/nutrition/
 Eat Right Philly Nutrition and Wellness Program

<https://www.philasd.org/studenthealth/pash/>
 Promoting Adolescent Student Health Program

Resources for Students

<https://www.philasd.org/healthphysed/>
 School District of Philadelphia Health & PE

<https://www.philasd.org/face/programs-services/elect/>
 Education Leading to Employment and Career Training (ELECT)

<https://www.philasd.org/studenthealth/>
 Student Health Services SDP