

Check-In, Check-Out



Training
CICO within SDP encompasses a one day comprehensive action oriented training.



Want more information?
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What is Check-In, Check-Out (CICO)?

Check-In, Check-Out is a secondary prevention, which is a targeted intervention (Tier II) for students needing additional support beyond the Universal Tier 1 System.

CICO is a research based intervention that has been shown to increase academic engagement and decrease problem behavior.

Check-In, Check-Out is comprised of the following elements:

1

MORNING CHECK-IN

2

REGULAR TEACHER FEEDBACK

3

AFTERNOON CHECK OUT

4

PARENT/ GUARDIAN FEEDBACK

Why Does CICO Work?

1. Students are **setup for success**

- CICO provides a **positive first contact** each morning
- “Blow-out” days are **pre-empted**
- First contact each period (or activity period) is **positive**



2. Students are given **increased feedback**

- Feedback occurs **more often**
- Feedback is specifically **tied to student behavior**
- Inappropriate behavior is **less likely** to be ignored or rewarded

3. Program can be applied to **all school locations**

4. Program is organized to develop into a **self-management system**

- Increase options for **making choices**
- Increased ability to **self-monitor** performance and progress

IMPLEMENTATION AND ROLE OF A TIER II TEAM

A Tier II team should be developed (or incorporated into another already existing team) in order to:

- Screen
 - Office discipline referrals, suspensions, requests for assistance, etc.
- Progress Monitor
 - Student and systems level
- Share Data
- Train
 - Initial, re-training, and orientation for new students
- Ensure Tier II features are in place
 - CICO, daily progress reports, feedback, etc.

