What is Check-In, Check-Out (CICO)?

Check-In, Check-Out is a secondary prevention, which is a targeted intervention (Tier II) for students needing additional support beyond the Universal Tier 1 System.

CICO is a research based intervention that has been shown to increase academic engagement and decrease problem behavior.

Check-In, Check-Out is comprised of the following elements:

1. **MORNING CHECK-IN**
2. **REGULAR TEACHER FEEDBACK**
3. **AFTERNOON CHECK-OUT**
4. **PARENT/GUARDIAN FEEDBACK**
Why Does CICO Work?

1. Students are **setup for success**
   - CICO provides a **positive first contact** each morning
   - “Blow-out” days are **pre-empted**
   - First contact each period (or activity period) is **positive**

2. Students are given **increased feedback**
   - Feedback occurs **more often**
   - Feedback is specifically **tied to student behavior**
   - Inappropriate behavior is **less likely** to be ignored or rewarded

3. Program can be applied to **all school locations**

4. Program is organized to develop into a **self-management** system
   - Increase options for **making choices**
   - Increased ability to **self-monitor** performance and progress

**IMPLEMENTATION AND ROLE OF A TIER II TEAM**

A Tier II team should be developed (or incorporated into another already existing team) in order to:

- Screen
  - Office discipline referrals, suspensions, requests for assistance, etc.
- Progress Monitor
  - Student and systems level
- Share Data
- Train
  - Initial, re-training, and orientation for new students
- Ensure Tier II features are in place
  - CICO, daily progress reports, feedback, etc.