Check-In, Check-Out



What is Check-In, Check-Out (CICO)?

Check-In, Check-Out is a secondary prevention, which is a targeted intervention (Tier II) for students needing additional support beyond the Universal Tier 1 System.

CICO is a research based intervention that has been shown to increase academic engagement and decrease problem behavior.

Check-In, Check-Out is comprised of the following elements:

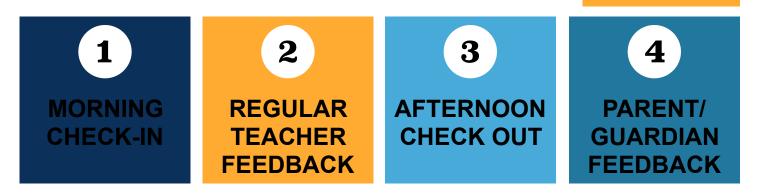


Training CICO within SDP encompasses a one day comprehensive action oriented training.



Want more information?

Contact Steven Rufe, Director of Positive Behavior Interventions and Supports at srufe@philasd.org



THE SCHOOL DISTRICT OF PHILADELPHIA

OFFICE OF CLIMATE AND SAFETY

Why Does CICO Work?

- 1. Students are setup for success
 - CICO provides a positive first contact each morning
 - "Blow-out" days are pre-empted
 - First contact each period (or activity period) is **positive**
- 2. Students are given increased feedback
 - Feedback occurs more often
 - · Feedback is specifically tied to student behavior
 - Inappropriate behavior is less likely to be ignored or rewarded
- 3. Program can be applied to all school locations
- 4. Program is organized to develop into a self-management system
 - Increase options for making choices
 - · Increased ability to self-monitor performance and progress

IMPLEMENTATION AND ROLE OF A TIER II TEAM

A Tier II team should be developed (or incorporated into another already existing team) in order to:

- Screen
 - · Office discipline referrals, suspensions, requests for assistance, etc.
- Progress Monitor
 - Student and systems level
- Share Data
- Train
 - Initial, re-training, and orientation for new students
- Ensure Tier II features are in place
 - CICO, daily progress reports, feedback, etc.



