WHAT WE DO

Virtual Programming

- Live virtual nutrition lessons and food demonstrations
- Pre-recorded videos and interactive student activities
- Movement break videos and resources
- Recipe videos and more!

CHECK OUT OUR SITE TO SEE OUR RESOURCES:
HTTPS://SITES.GOOGLE.COM/VIEW/NUTRED4PHILLY

@EatRightPhilly_DRX @EatRightPhl_DRX

Channel name: EatRightPhilly_DRX

This material was funded by USDA’s Supplemental Nutrition Assistance Program (SNAP) through the PA Department of Human Services (DHS). This institution is an equal opportunity provider.
Melissa Matsumura
PROGRAM MANAGER

DREXEL UNIVERSITY EAT RIGHT PHILLY

Our goal: Encourage participants to make healthy food choices and choose a physically active lifestyle through education.

PROGRAM OPPORTUNITIES INCLUDE:

- Live virtual nutrition lessons and food demonstrations
- Pre-recorded videos and interactive student activities
- Movement break videos and resources
- Recipe videos and more!

MEET MELISSA

Melissa enjoys influencing healthy eating habits and is excited to continue encouraging her students to gain confidence in cooking and tasting new recipes.

CONTACT MELISSA

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FOLLOW US ON SOCIAL MEDIA

@EatRightPhl_DRX
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